

Ice Breaker Equipment List –

This is a **WINTER TRIP** and we will be **OUTSIDE** – bring **warm clothes!**
Space is limited! Please follow the equipment list and **pack as lightly as possible.** Note: Please do not bring candy.

<ul style="list-style-type: none">_____ 1 T-shirt and polo shirt_____ 1 pair long pants_____ 1 pair long underwear / Polypro_____ 1 sweatshirt or fleece pullover_____ 2 pair underwear_____ 1 pair socks_____ 2 pair wool, smart wool or ski socks – cold feet are NO fun!_____ 1 long sleeved shirts_____ sleeping attire_____ 1 winter coat_____ 1 pair snowpants_____ 1 pair winter boots_____ 1 hat & gloves_____ 1 pair shoes_____ 1 heavyweight garbage bag_____ toothbrush and paste, comb_____ flashlight (headlamp preferred)_____ backpack / day pack for items to have handy_____ sleeping bag (preferred) or blanket_____ pillow_____ Snowshoes *_____ Ice skates * <p>* If you have them otherwise we will provide them.</p> <p>Optional Equipment:</p> <ul style="list-style-type: none">- camera- book- snacks (Not Candy Please)- Ipod / walkman, CD's, DVD's (G or PG only)- sunglasses	<p>Spending Money - All entry fees, lodging, snacks and regular meals are provided. However, if you wish to purchase any souvenirs and / or “extra” snacks then you may bring some additional spending money. Personal money is not to be shared. Do not offer and do not ask please.</p> <p>Cell Phone - Cell phones are permitted however there will be a designated time for their use. All phones will be secured by SWA staff except for these specific times. In case of emergency, all campers and staff can always be contacted via SWA cell phone: (207) 266- 4360.</p> <p>If you do not have some of the above equipment please let us know ASAP so that we may help find it. We want you to be warm...</p> <p>Note: Cotton is a poor choice for being outdoors in winter. Choose wool or polypo whenever possible. Please pack warmly to ensure a fun and safe adventure.</p> <p>Please <u>do not</u> bring hairdryer, curling iron, etc. or perfume / cologne.</p>
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Squeaky Wheel Adventures

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